

# Rehab@Home



# Getting back to life, sooner

Rehab@Home

For eligible health fund members and with your treating hospital team's approval, Remedy Healthcare can provide you with rehab services in the comfort of your own home, so you can return home from hospital and get on the road to independence sooner.

## What is Rehabilitation@Home?

This program helps you return home from hospital sooner by providing short-term care following:

- ✓ Joint replacements  
e.g. hip or knee
- ✓ Spinal surgery
- ✓ Admission for mobility problems
- ✓ Falls
- ✓ Admission for management of a respiratory, neurological, or cardiac condition.

Depending on your clinical needs and health cover, our **Rehabilitation@Home** service may include:

- ✓ Physiotherapy to improve your strength, balance, mobility and safety at home
- ✓ Nursing to help with dressings, wound care and medication management
- ✓ Personal care to help you shower and dress
- ✓ Home care to help with domestic tasks such as cleaning
- ✓ Meals delivered to your home to help in the early days after leaving hospital

With **Rehabilitation@Home**, you can be confident you are receiving the highest quality of care, just as you would in hospital. Services are delivered by our dedicated care team of physiotherapists, registered nurses and occupational therapists.

Your dedicated Remedy Care Coordinator will guide and support you through your personalised program and coordinate your services with the health professionals. When your program is complete, you can simply continue to self-manage your recovery, depending on your needs.

## Am I eligible?

Your eligibility depends on your health fund conditions and the recommendations of your treating hospital team.

We encourage your treating team to discuss your care needs with Remedy Healthcare before your hospital discharge. Our team will then assess your referral based on our clinical criteria.

**Get in touch. To find out more please call 1300 734 224 or email [getbetter@remedyhealthcare.com.au](mailto:getbetter@remedyhealthcare.com.au)**

